

# Entrepreneur News from the RDA

## Share SWIFT

SUMMER 2011



The RDA hosts Small Business Development Consulting.



## UPCOMING RDA EVENTS

**Monday July 18, 2011**

Farmers Market Work Group –  
Law Enforcement Center, Benson

**August 18-22, 2011**

Swift County Fair, Appleton, MN

**Saturday, August 20, 2011**

Iron Chef Contest  
Swift County Fair, Appleton, MN

**September XX, 2011**

Swift County RDA  
Annual Meeting featuring Local  
Food Preparation & Tasting  
TBD (Maybe we hire someone  
to demonstrate use of local foods

## HEADLINE

The Swift County Fair will be hosting the third annual Iron Chef Cook-Off, an event sponsored by the Swift County RDA and Local Foods Committee.

This attraction is Swift County's own version of the Food Channel's popular show "Iron Chef". Come join us for fabulous food prepared by the prospective Iron Chefs on Saturday August 20th on the perimeter of the Chuck Brown Building.

Teams of three will be competing to cook up the best tasting entrée and dessert. The contestants will be using farm fresh produce provided by local growers (name farms), and

"meat" provided by ... In previous years contestants have represented individuals, groups and businesses such as Energize Appleton, Edward Jones, and Swift County Sheriff's Department.

Contestant sign-ups for this year's event are being taken now. Parties interested in competing or providing produce should contact the Swift County RDA, a local foods committee member, or the Swift County RDA website for more information. (update site with rules)

This is a fun event, but watch out because the competition can get intense!

## HEADLINE

This Spring the Swift County RDA hosted a meeting to kick off a Local Foods Committee to expand markets for local foods in Swift County  
5-10 sentences of text – include steering committee member names – maybe a photo from next meeting.



*Enterprising by Nature*